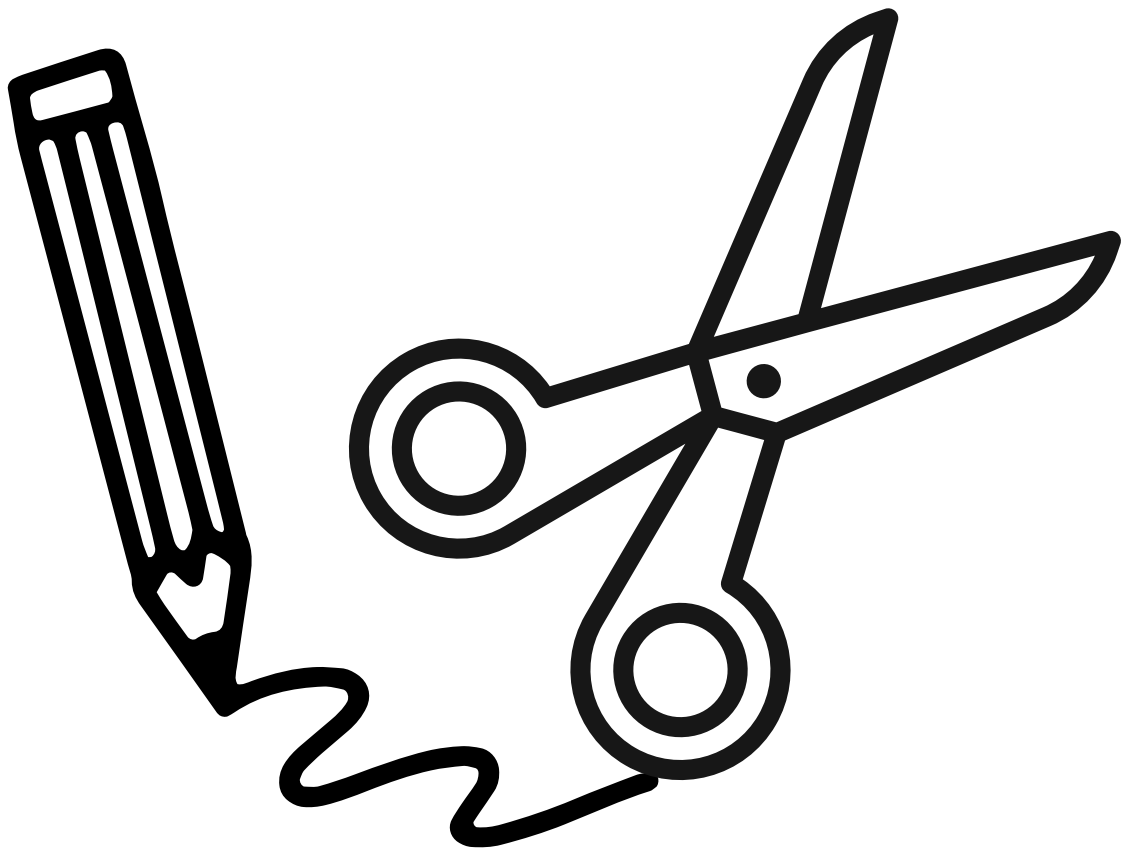
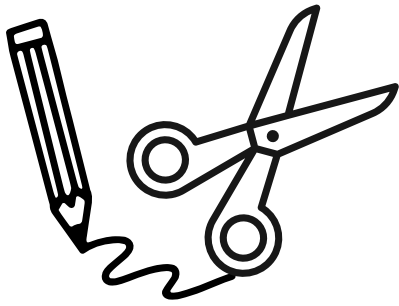


Occupational Therapy

FINE MOTOR SKILLS



WORKSHEETS



Occupational Therapy FINE MOTOR SKILLS

Guide for Therapists, Parents, and Teachers on Using Fine Motor Skills Worksheets

1. Trace and Draw Worksheets:

- **Objective:** Improve hand-eye coordination and pencil control.
- **Instructions:** Encourage the child to follow the dotted lines carefully, then copy the shape.

2. Maze Challenges:

- **Objective:** Enhance precision and problem-solving skills.
- **Instructions:** Guide the child to start at the beginning of the maze and find a path to the end.

3. Cutting Practice:

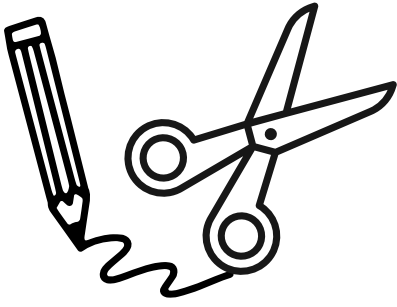
- **Objective:** Develop hand strength and coordination.
- **Instructions:** Have the child cut along dotted lines of different patterns.

4. Coloring Inside the Lines:

- **Objective:** Foster focus and motor control.
- **Instructions:** Encourage the child to color within the boundaries of the images.

5. Handwriting Practice Sheets:

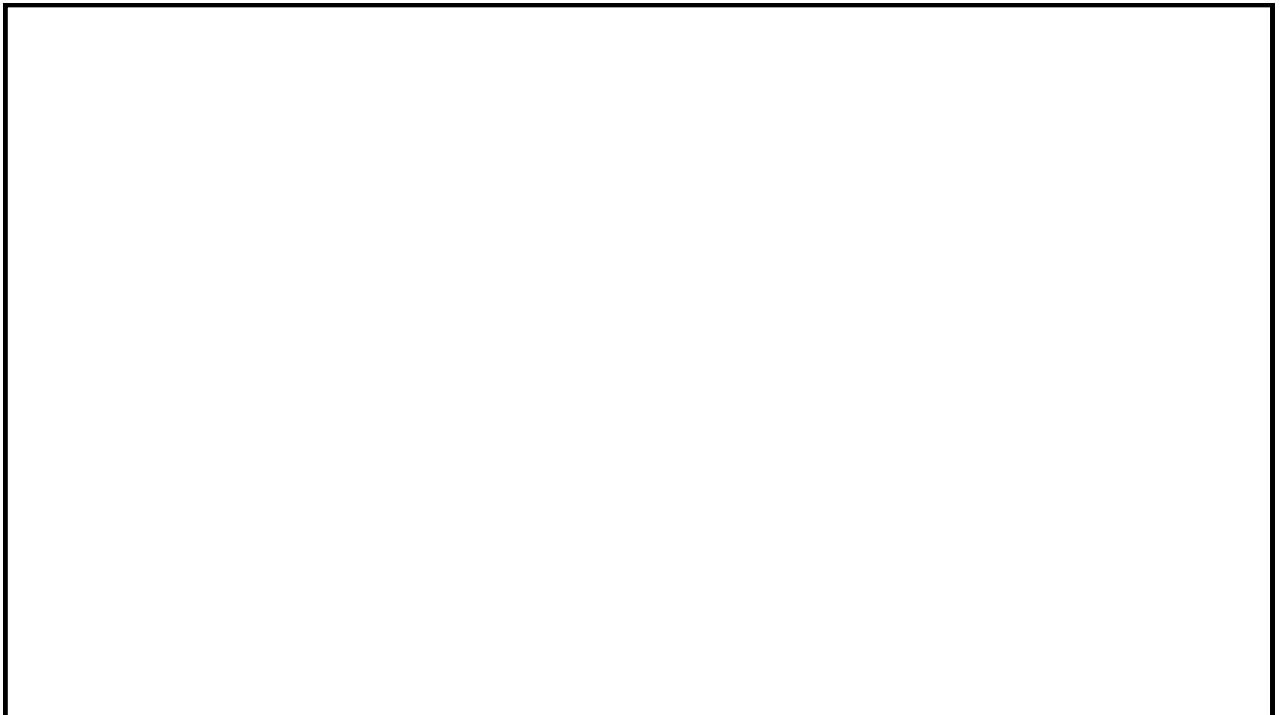
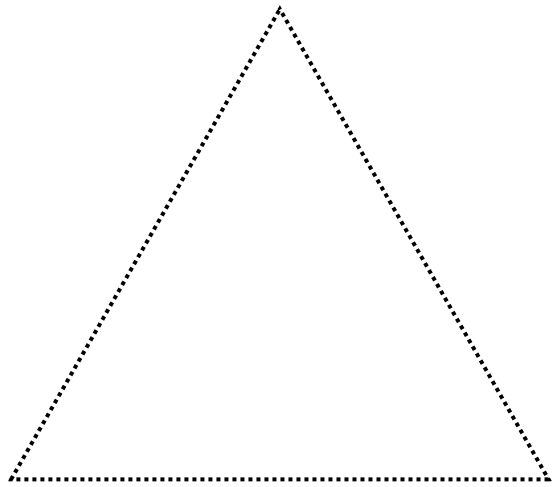
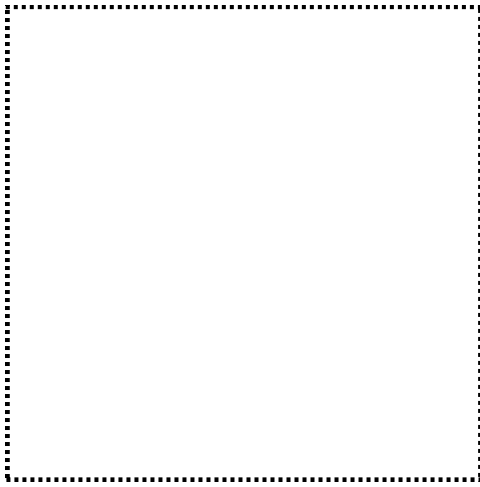
- **Objective:** Improve handwriting and letter formation.
- **Instructions:** Have the child trace and then write letters and words.

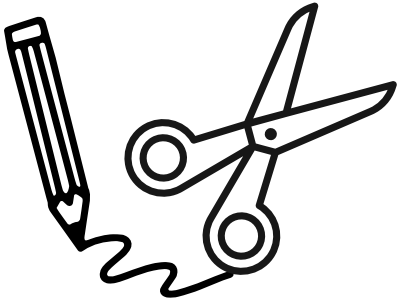


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FINE MOTOR SKILLS

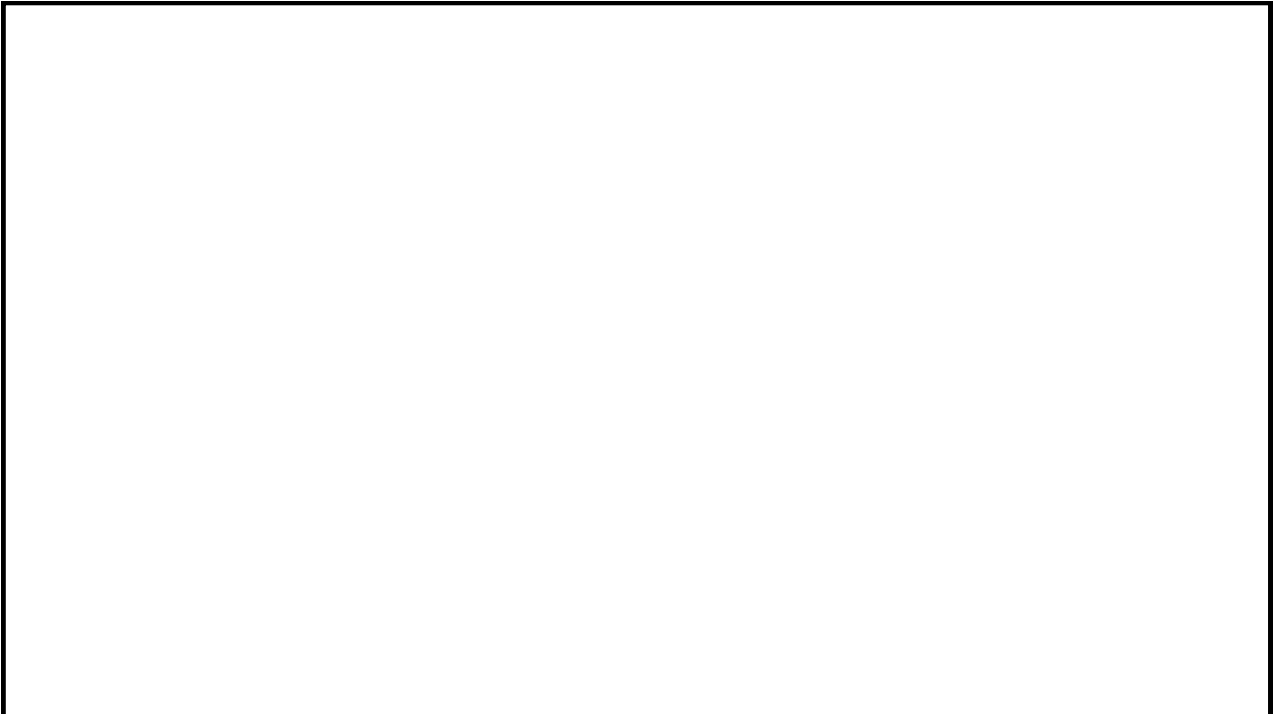
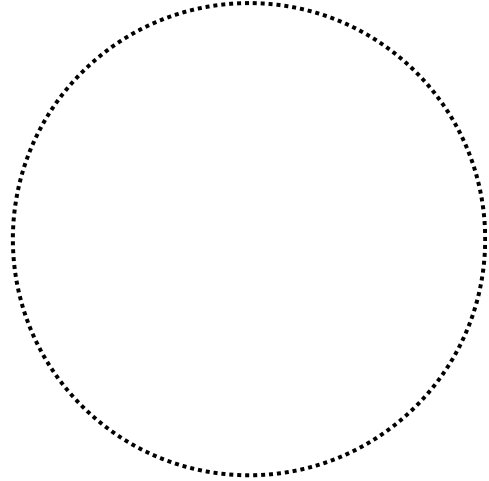
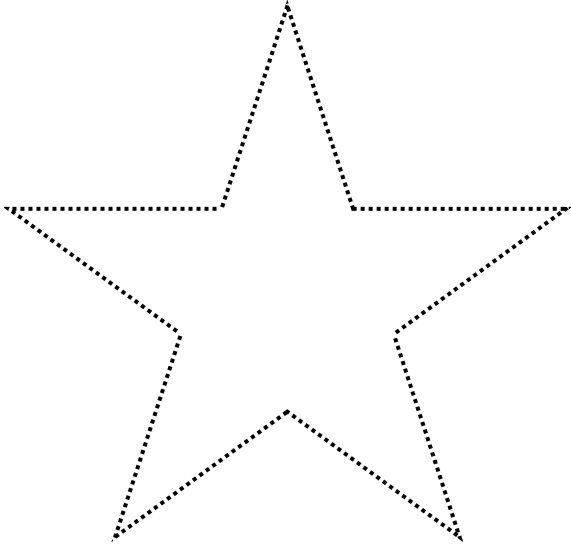
Follow the dotted lines with your pencil to trace each shape, and then try drawing them on your own to practice your hand control and coordination!

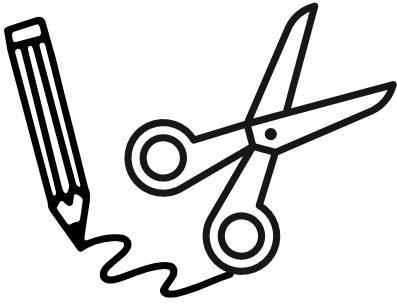




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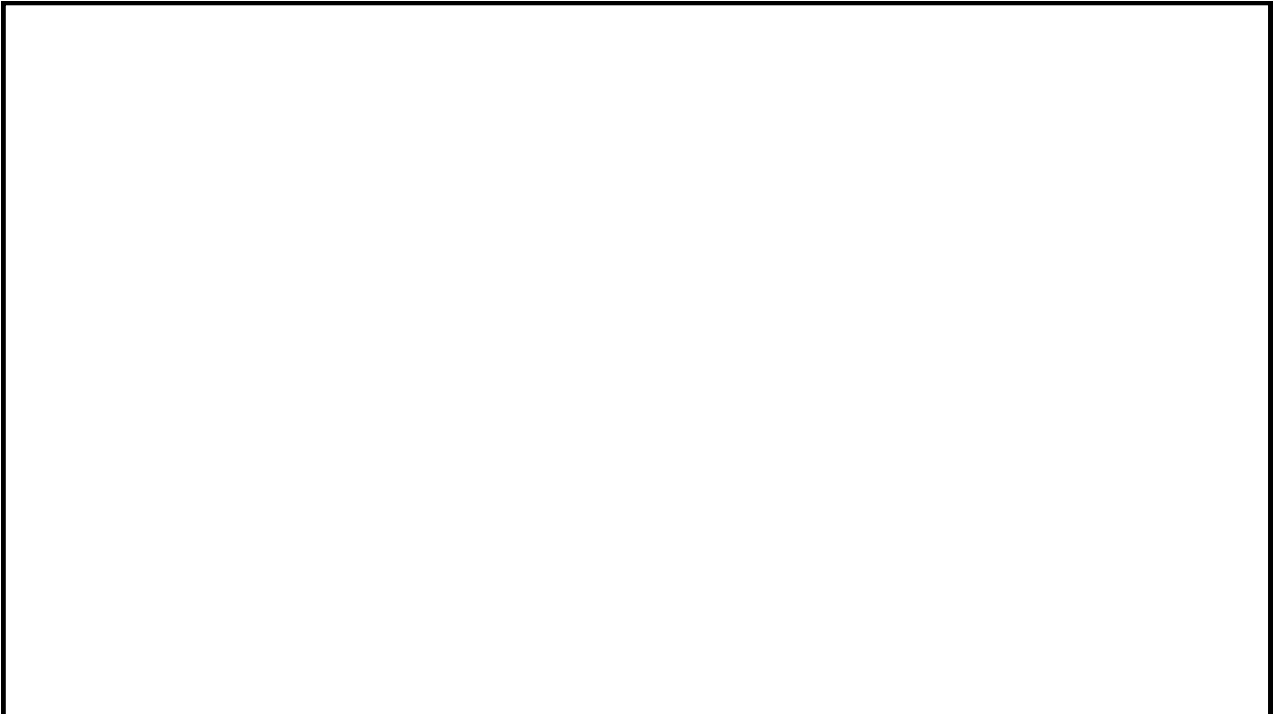
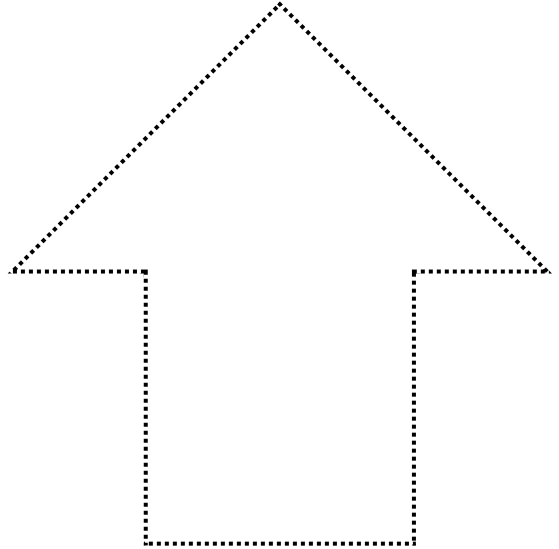
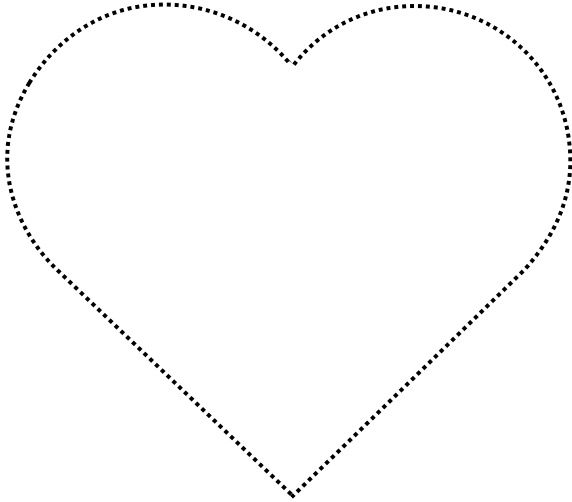
FINE MOTOR SKILLS

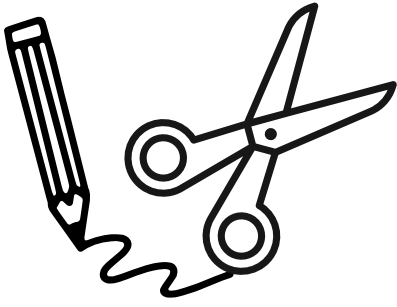




Occupational Therapy

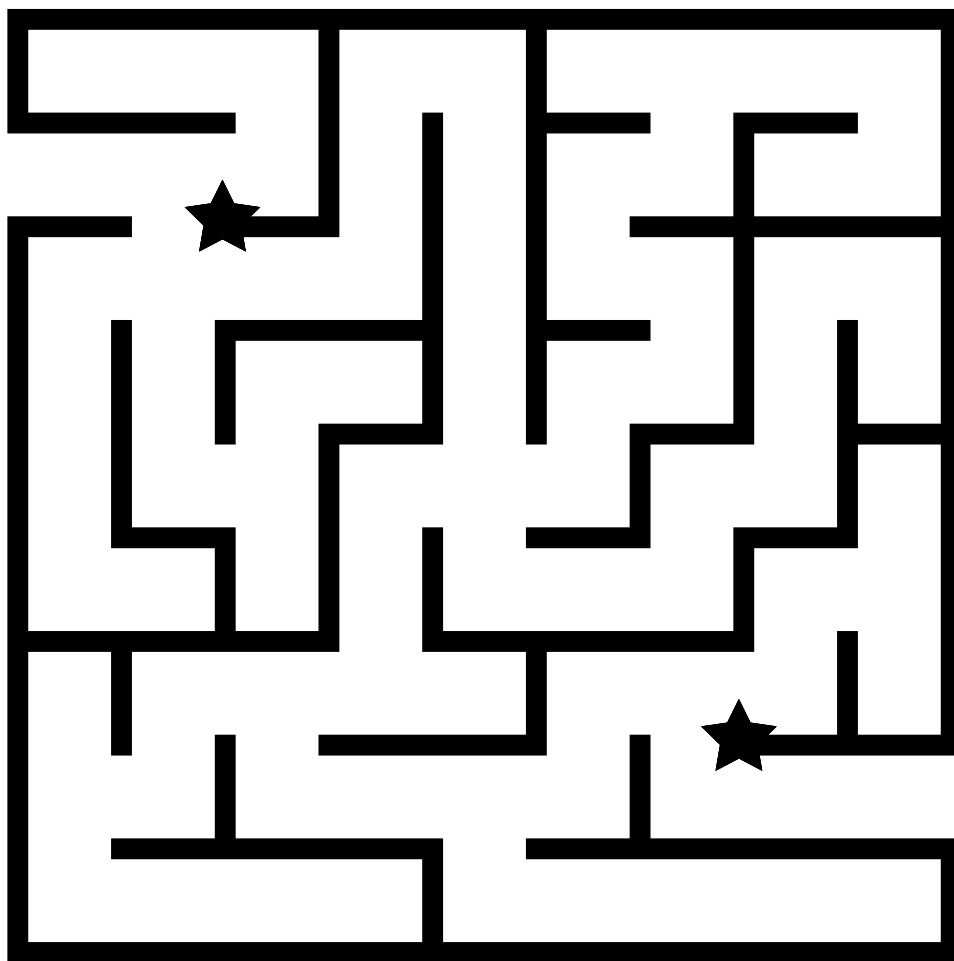
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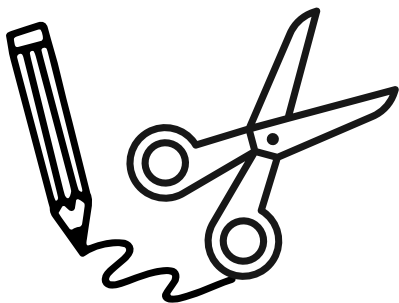




Occupational Therapy FINE MOTOR SKILLS

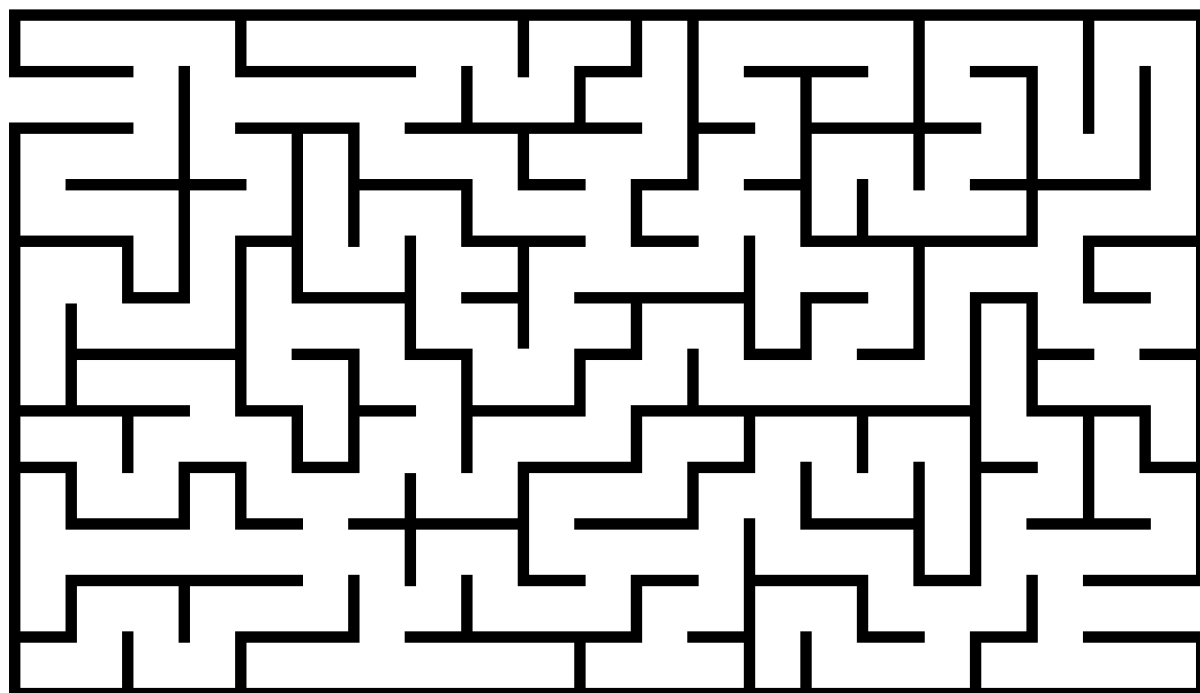
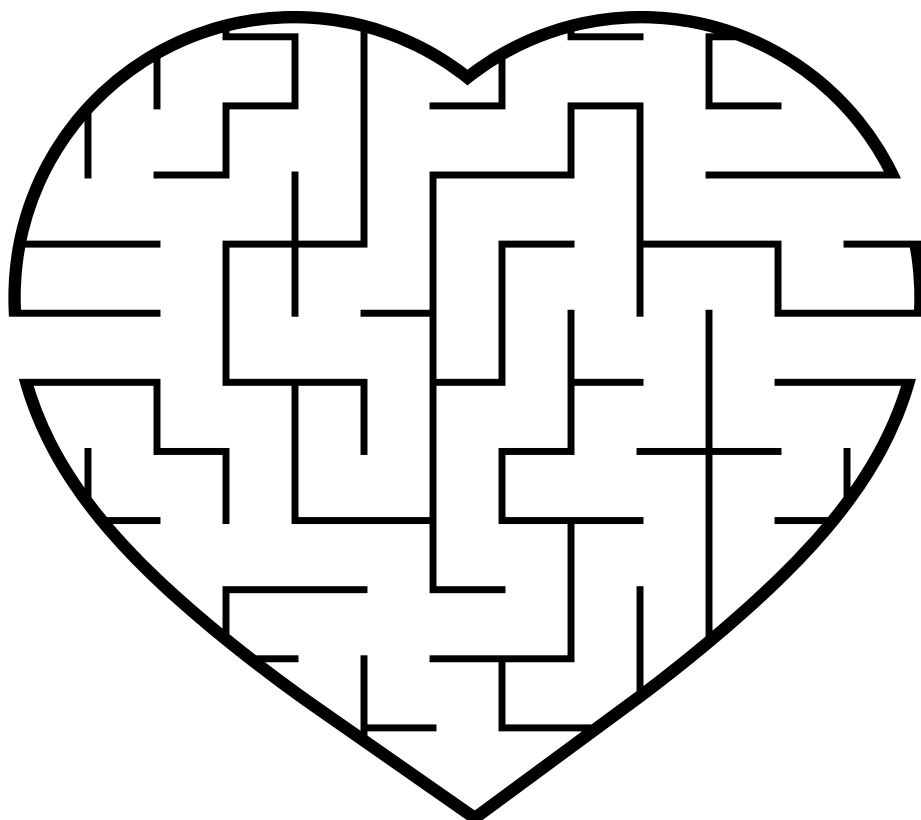
Guide your pencil through these fun mazes, carefully navigating each twist and turn to reach the end, improving your hand precision and problem-solving skills!

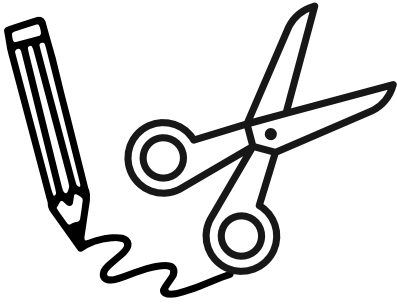




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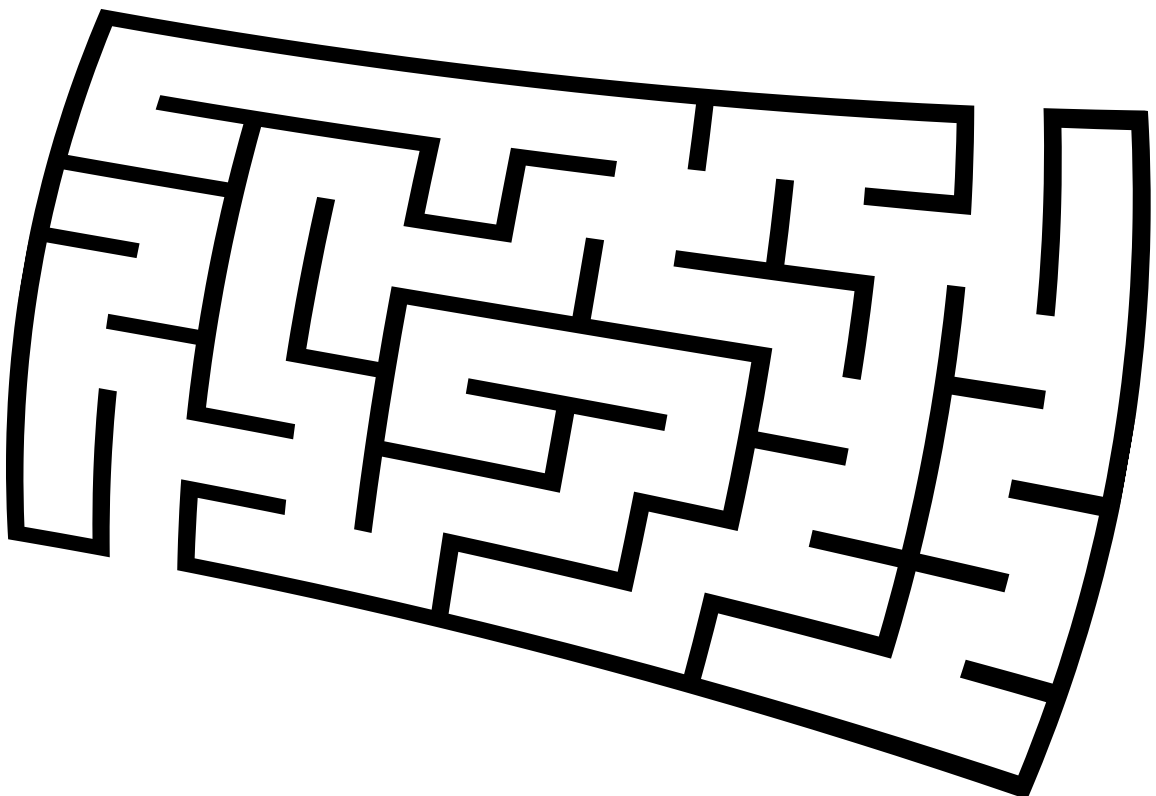
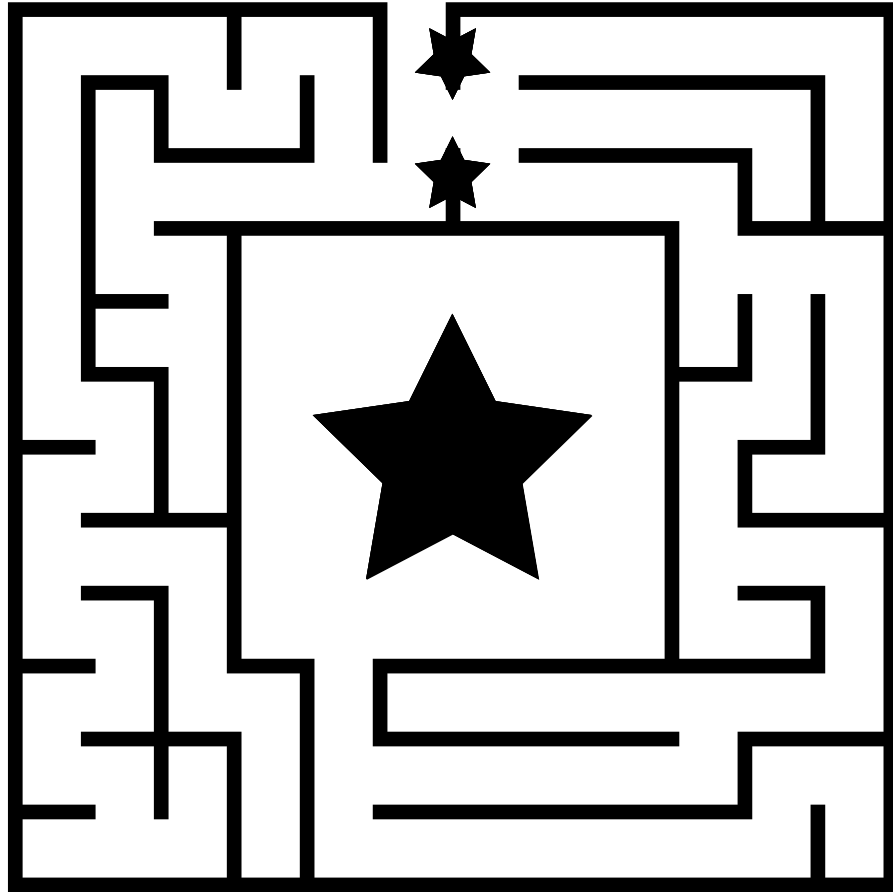
FINE MOTOR SKILLS

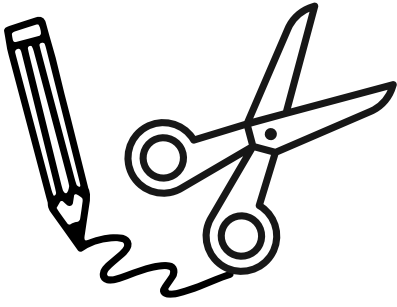




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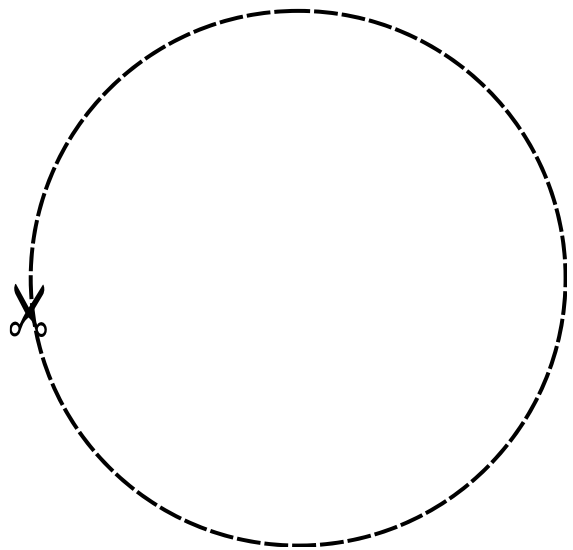
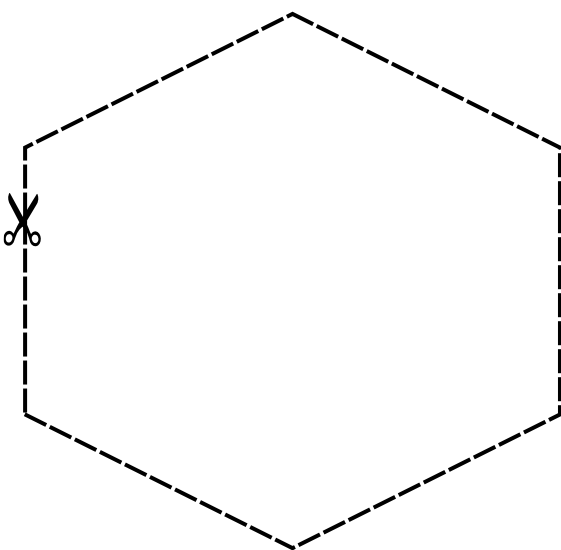
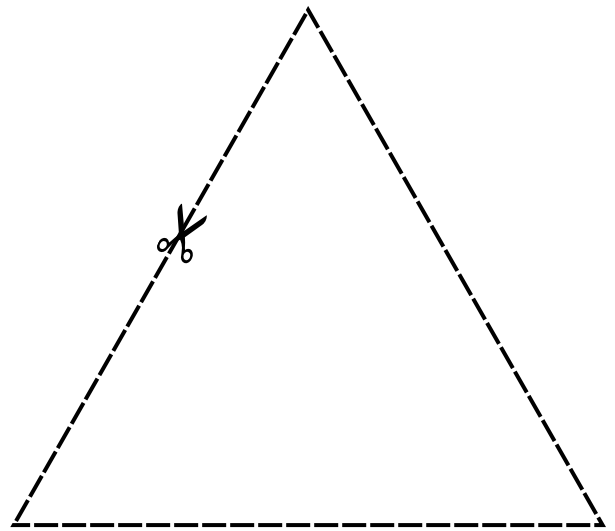
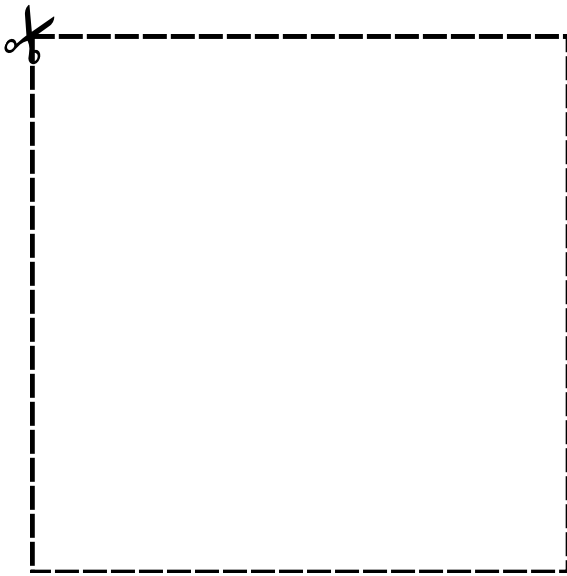
FINE MOTOR SKILLS

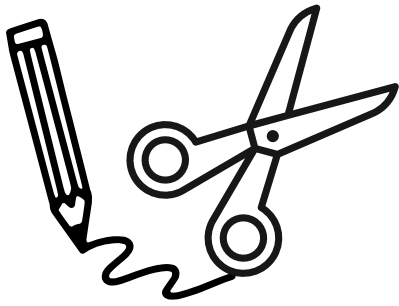




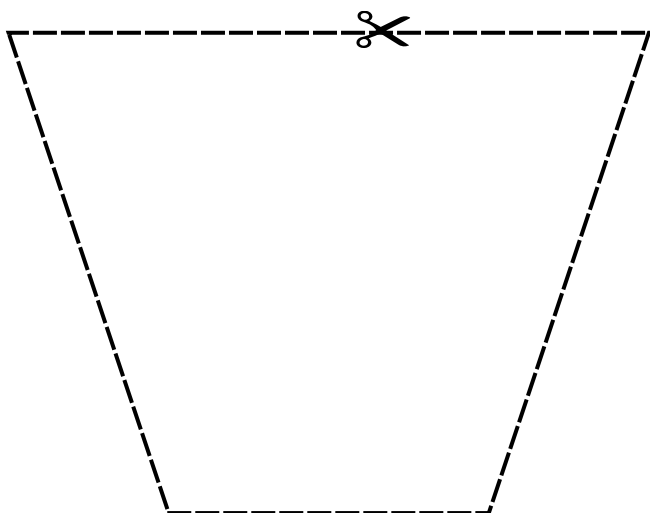
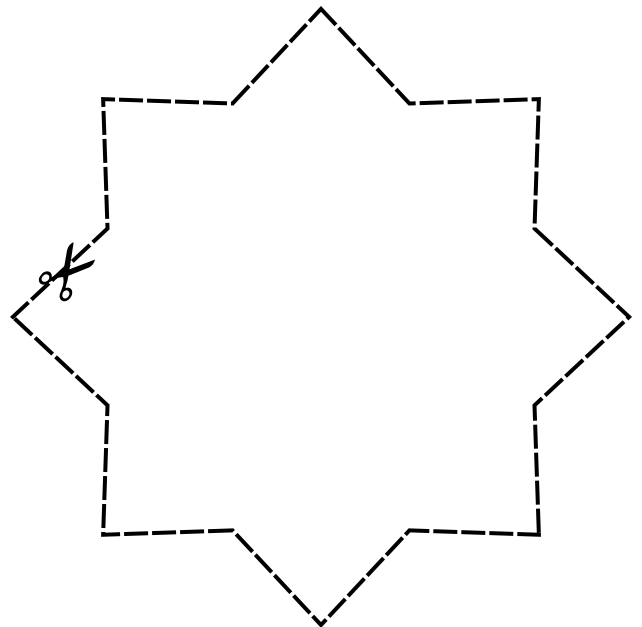
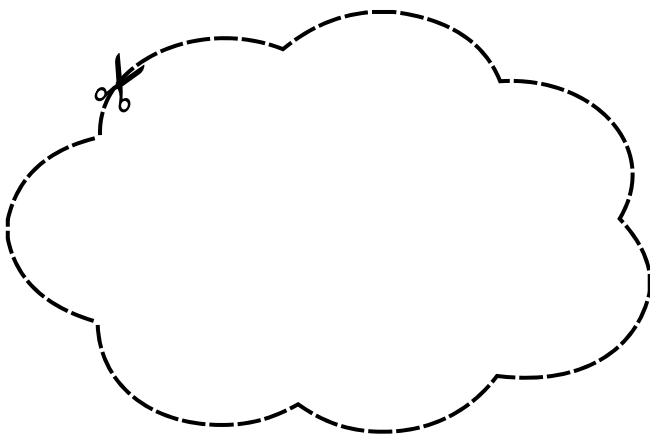
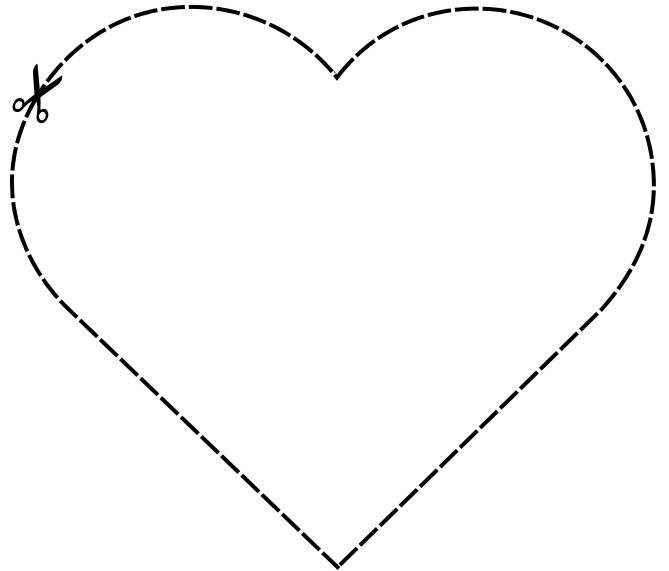
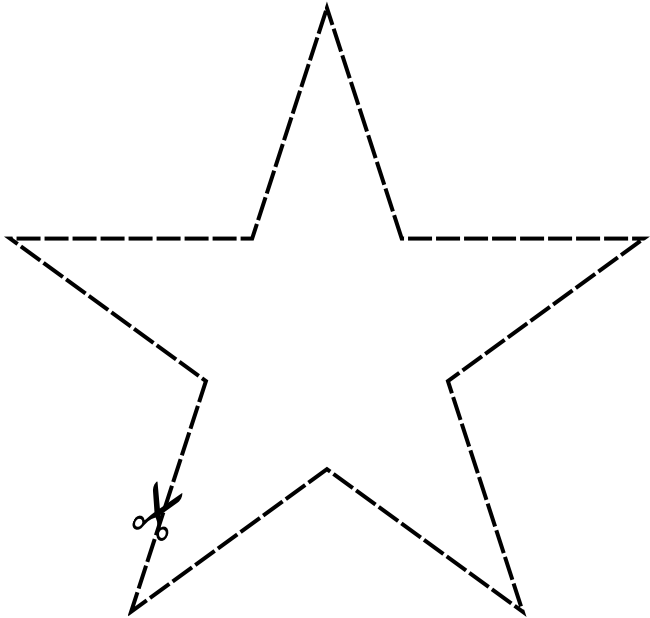
Occupational Therapy FINE MOTOR SKILLS

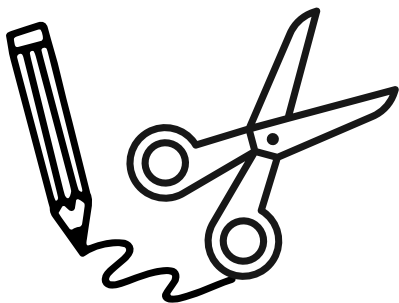
Grab your scissors and carefully cut along the dotted lines of these shapes and patterns to strengthen your hand coordination and cutting skills!





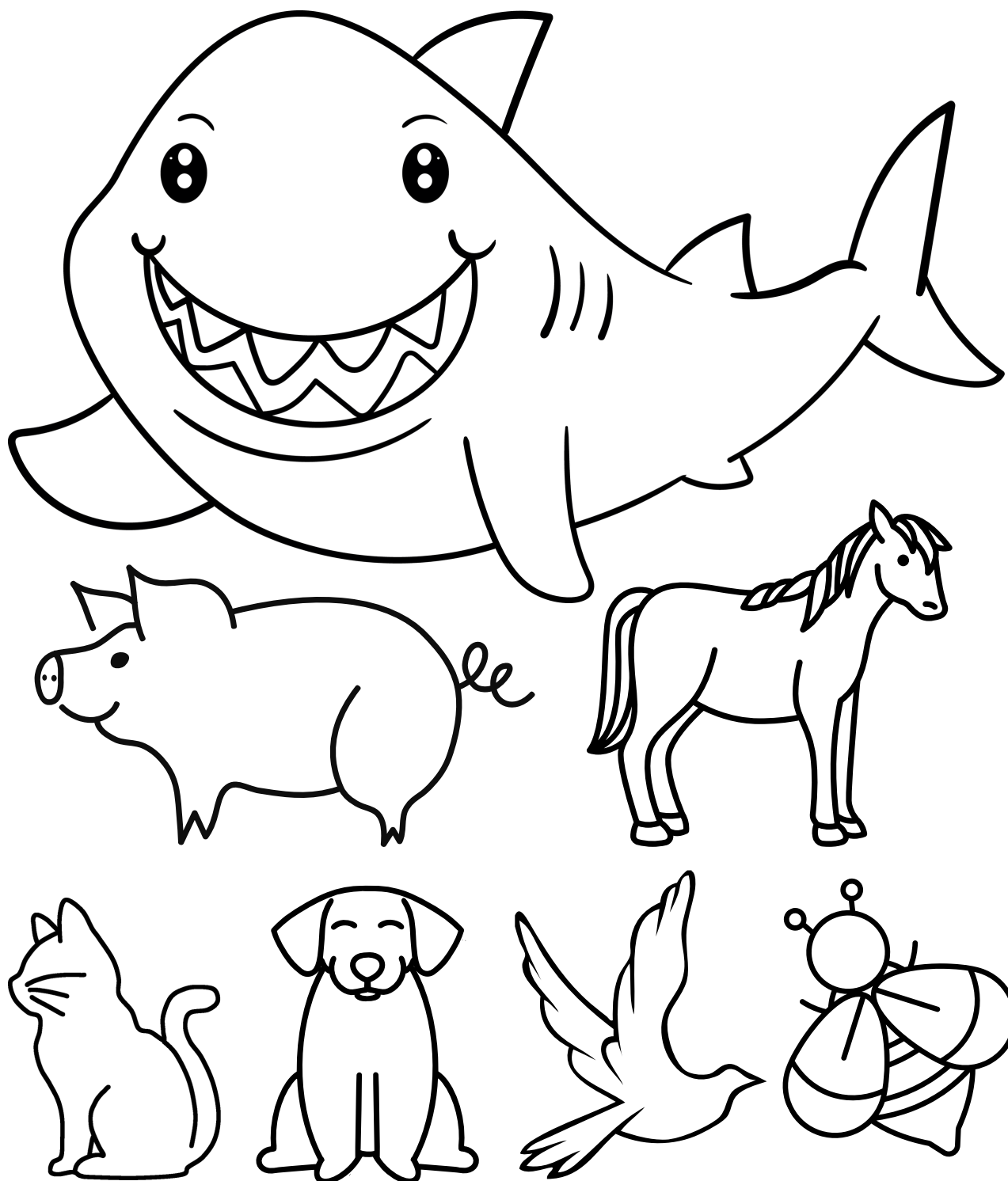
Occupational Therapy FINE MOTOR SKILLS

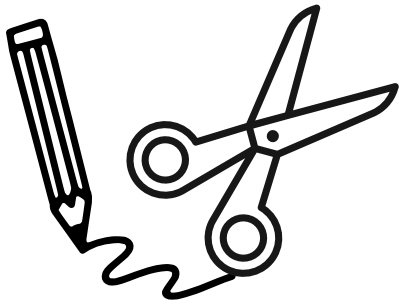




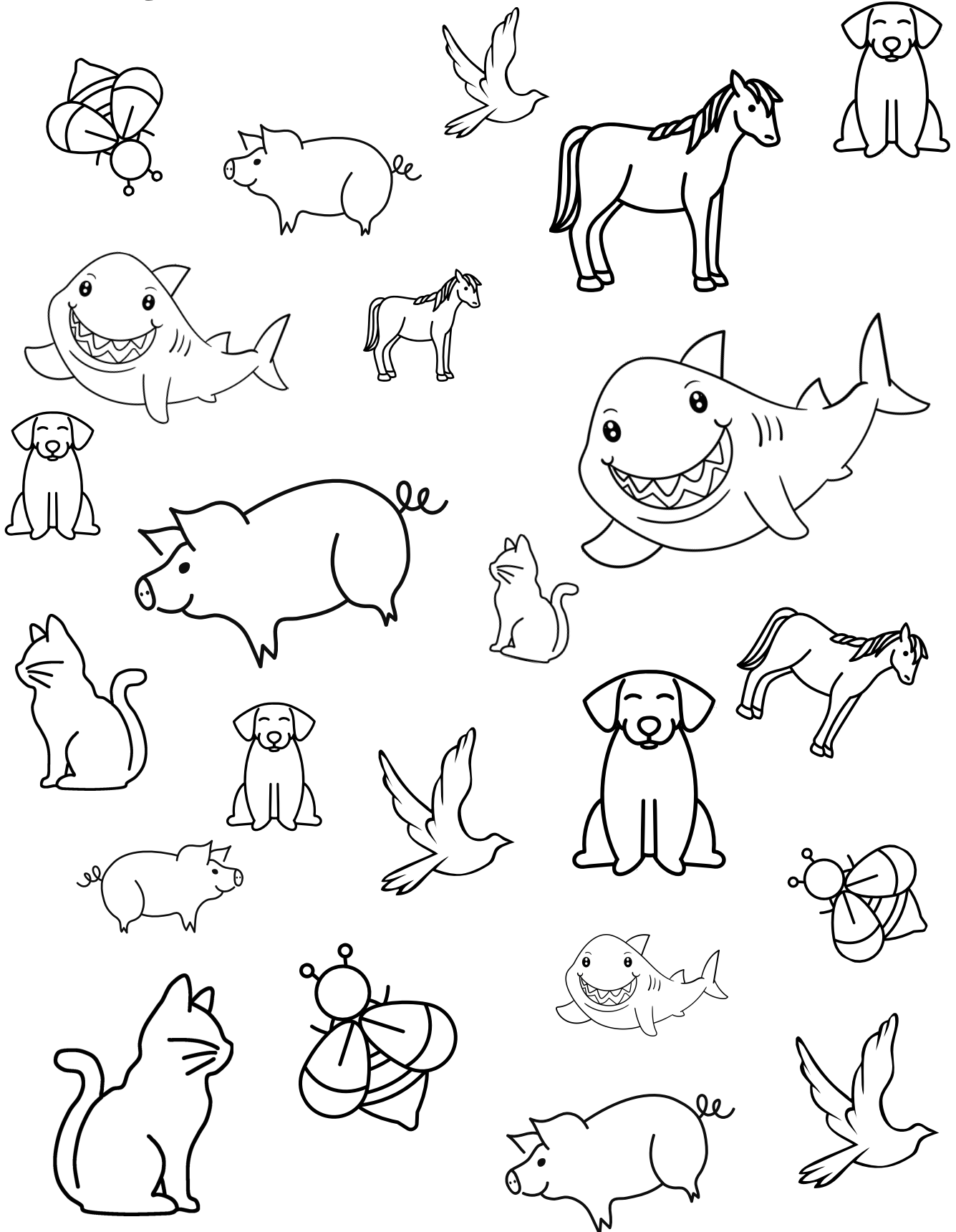
Occupational Therapy FINE MOTOR SKILLS

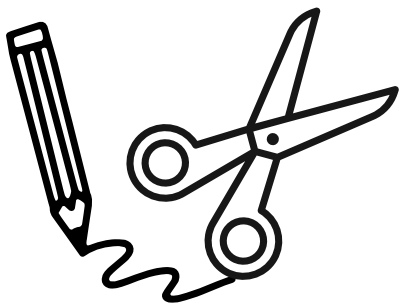
Use your favorite colors to fill in these pictures, making sure to stay inside the lines to practice your focus and fine motor control!





Occupational Therapy FINE MOTOR SKILLS





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Trace these letters and words, focusing on forming each one neatly and correctly to improve your handwriting skills!

Aa Bb Cc Dd Ee Ff Gg

Hh Ii Jj Kk Ll Mm Nn

Oo Pp Qq Rr Ss Tt Uu

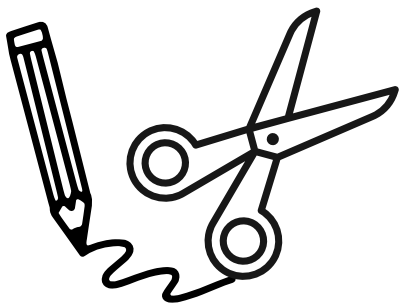
Vv Ww Xx Yy Zz

Aa Bb Cc Dd Ee Ff Gg

Hh Ii Jj Kk Ll Mm Nn

Oo Pp Qq Rr Ss Tt Uu

Vv Ww Xx Yy Zz



Occupational Therapy FINE MOTOR SKILLS

cat

cat

cat

cat

cat

cat

dog

dog

dog

dog

dog

dog

bird horse fish pig

bird horse fish pig



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